



Advanced Neurolanguage Coaching® Certification

February-April 2026

Session	Topics
Session 1 23rd February 19.30-22.30 CET/Spain time	<p>Updates of the brain</p> <ul style="list-style-type: none">• The learning brain• More about the limbic system• Childhood trauma and learning trauma/negative beliefs• Brain chemistry• Revisiting Motivation <p>Practice coaching the coachee around learning scenarios:</p> <ul style="list-style-type: none">• Negative mindset regarding learning• Fear to speak language• Bad memories from school• Unmotivated learner• Age is a problem for learning!
Session 2 3rd March 19.30-22.30 CET/Spain time	<p>Coaching agreement and contract in depth</p> <ul style="list-style-type: none">• Setting out a coaching agreement• Presenting the agreement to the coachee• ICF Ethics and competences - explaining these to the coachee <p>Advanced Fundamentals of coaching</p> <ul style="list-style-type: none">• Deepening Active Listening The seven levels of listening Coaching practice for deeper listening• Non verbal communication Reading body language and gesture as a coach• Powerful questions – going deeper Coaching practise for more powerful questions
Session 3 9th March 19.30-22.30 CET/Spain time	<p>Advanced Fundamentals of coaching</p> <ul style="list-style-type: none">• Enhancing empathy- the empathetic coach• Practicing for empathy• Effective acknowledgement and feedback• Practicing for effective feedback <p>Introducing Neurolanguage Coaching toolkit and coaching learning techniques</p> <ul style="list-style-type: none">• Strengthening coaching techniques• Building confidence and coaching to tap into confidence• Introducing useful Tools/models from coaching<ul style="list-style-type: none">○ Johari Window○ Coaching practice with the Johari window

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	<ul style="list-style-type: none"> ○ Swot analysis ○ Finest moment <ul style="list-style-type: none"> ○ Coaching practise with Finest moment ○ What if? <ul style="list-style-type: none"> ○ Coaching practice with what if? ○ Fork in the road <ul style="list-style-type: none"> ○ Coaching practice with Fork in the road ○ Coaching models GROW, PRACTICE, CREATE and FEELING <ul style="list-style-type: none"> ○ Coaching practice with the models ○ Introducing SMART goals <ul style="list-style-type: none"> ○ Coaching practice around SMART ○ Boyatzis Model of Intentional Change ○ ICEBERG model to assess hidden emotions ○ Gagne's Nine Levels of Learning ○ Neurolanguage coaching models <ul style="list-style-type: none"> ■ the 3Ms (Motivation, Mechanical, Mastery) ■ the 5cs (Concrete requirements, Clear Goals, Coaching conversation, Connecting the brain, Completion) ■ PACT PQC
Session 4 16th March 19.30-22.30 CET/Spain time delivered by Clare Crawford	<ul style="list-style-type: none"> ● Action priority matrix – coaching to find the coachee's priority actions <p>Assessing the learning impact through coaching conversations and measuring the learning subjectively</p> <ul style="list-style-type: none"> ○ Assess Learning Impact – coaching to discover the learning about the material and about oneself and the impact this has on the process, potential changes this could imply/highlight ○ Using the FEELING model to assess and review ○ Using a Goal review conversation and measuring the learning/progress <ul style="list-style-type: none"> ● Create your own CEF <ul style="list-style-type: none"> ○ What is the Central European Framework for languages? ○ Coaching Conversations to find the language level ○ Coaching conversation for the coachee to assess own language level ● Pulse Check <ul style="list-style-type: none"> ○ Powerful questions to assess status quo ○ Powerful questions to assess emotions of coachee ○ Powerful questions to assess motivation



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Session 5 23rd March 19.30-22.30 CET/Spain time delivered by Clare Crawford	<p>Practice Pulse check coaching</p> <p>Case Study Judy - live coaching – building up the process step by step</p> <ul style="list-style-type: none">• Suggested plan• Breakdown of topics• Delivering Ongoing NLC sessions• Initial session• Goal setting framework• Breaking down goals• Effective actions• Problem resolution• Discovering learning styles and limbic blocks• Establishing realistic time and commitment• Managing progress and accountability <p>Case Study Judy – ongoing sessions</p> <ul style="list-style-type: none">• Delivering grammar through coaching conversations PACT PQC• Delivering mastery goals• Coaching in a Review session and setting next goals• Measuring success through coaching conversations
Session 6 25th March 19.30-22.30 CET/Spain time delivered by Clare Crawford	<p>Team Coaching</p> <p>Team coaching in general - What is team coaching</p> <p>Role of the coach when coaching teams</p> <p>How to develop social empathy/trust within the team</p> <p>Coaching to discover roles in a team</p> <p>Team goal setting</p> <p>Team action setting</p> <p>Coaching around team rules</p> <p>Managing progress and accountability of a team</p> <p>Group Neurolanguage Coaching – what can we transport from Team coaching into Language Coaching</p> <ul style="list-style-type: none">• How to coach language learning groups?• SCARF issues and coaching around these in groups• Group language goal setting• Group language action setting• Individual goal setting in a group• Managing progress and accountability
Session 7 6th April 19.30-22.30 CET/Spain time	<p>Group Language Coaching - Case Study Group X</p> <p>Live coaching Practice – complete session</p> <ul style="list-style-type: none">• Conducting initial coaching session with the group• Coaching around togetherness• Coaching around establishing group rules• Mechanical goal setting• Mastery goal setting• Setting group actions• Planning, structure and delivery• Managing accountability and progress• Review session for group



Session	Topics
	<p>Troubleshooting in Coaching</p> <ul style="list-style-type: none">• Difficult and focused topics (eg aviation)• Specialised issues (ie pronunciation)• What to do with advanced learners?• Language Coaching for beginners• Language coaching for children• Executive Language Coaching
Session 8 13th April 19.30-22.30 CET/Spain time	<p>Learning Tips</p> <ul style="list-style-type: none">• Advising coachees how to learn• Learning styles revisited• Effective brain exercises• Systematic/progressive• Mindmapping• Learning strategies• Technology in the learning process