

Language Coaching Certification

April-May 2024

Weekends

Introduction to Coaching

Date	Time	Agenda
April 13	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Introduction to the Language Coaching Course Objectives and outline</p> <p>Orientation and think like a coach Listen and speak like a coach Introduction to coaching</p> <p>What is coaching?</p> <p>Sports coaching vs life coaching/business coaching Definitions of coaching</p> <p>What is your definition of coaching? Introducing the ICF</p> <ul style="list-style-type: none"> • Code of ethics • Core competences • Coaching engagements <p>Coaching Tools – what do we know? Coaching models</p> <p>Key professional skills</p> <ul style="list-style-type: none"> • Empathy and trust • Confidentiality • Active Listening • Powerful Questions • Stretching the coachee • Tapping into motivation and getting commitment <p>Neuroscience in Coaching - Impacts that we want on the brain</p> <ul style="list-style-type: none"> • Provoke brain connections • Stimulate working memory • Assist hardwiring process • Enhance focus and attention with constant „Placement“ or „GPS conversation mapping“ • Focus and attention on Solutions NOT DRAMA • Be sensitive and avoid extreme limbic reactions • Empathy /mirror neurons
April 14	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Practice essential development of active listening Practice formulation of powerful questions Introducing how to coach around dilemmas.</p> <p>Interactive coaching practise Introducing goal setting</p> <p>How to steer coaching conversations in goal setting from generic to specific goals</p> <p>Interactive Coaching for goals - coaching practise SMART</p> <p>What are SMART goals? Practising coaching the coachee around SMART goals</p>

Neurolanguage Coaching® Skills

Date	Time	Agenda
April 20	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Introduction to neuroscience, the brain and learning</p> <p>The development of Neuroscience</p> <p>Neuromyths</p> <p>Neuroplasticity and neurogenesis</p> <p>How neural networks are formed</p> <p>Introducing the triune brain and the limbic system</p> <p>Brain chemistry</p> <p>Looking deeper at the Limbic system</p> <p>Reference to the SCARF model by David Rock</p> <p>Analysing social pain as described by Dr Liebermann</p>
April 21	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Practical coaching conversations with regard to social pain situations connected to language learning – coaching our learners to feel more comfortable with language learning</p> <p>The IMAGES model</p> <p>What can we do to maximise IMAGES?</p> <p>The Learning Journey and coaching conversations with our coaches about their learning journey</p> <p>What is mastery – question regarding subconscious brain patterns and how to create these patterns</p> <p>Learning Perceptions and learning styles – Coaching conversations with our coaches regarding their learning styles</p> <p>Brain-based Breakthroughs – how to provoke and create neural networks relating to language</p>
April 27	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Principles of being a great coach and Principles of being a great language coach</p> <p>The difference of language teaching and language coaching</p> <p>Language coaching essentials</p> <p>What is Language Coaching?</p> <p>What language coaching is not?</p> <p>What is incorporated into the language coaching process from coaching?</p> <ul style="list-style-type: none"> • ICF Principles and ethics • Confidentiality • Goal setting • Action setting

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April 28	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>What is incorporated into the language coaching process from coaching continued?</p> <p>Managing engagements</p> <p>Explaining the principles and ethics of coaching to language coaching clients</p> <p>Language coaching defined and Language Coaching engagement</p> <ul style="list-style-type: none"> • Definition neurolanguage coaching • Introducing language coaching to clients <p>Introducing the 3 Ms of Language Coaching</p> <ul style="list-style-type: none"> • Motivation • Mechanical • Mastery
May 4	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Introducing Motivation diagnostic</p> <ul style="list-style-type: none"> • Finding client motivation • Coaching clients to find motivation • Coaching clients who have no motivation <p>Practical Coaching conversations around motivation</p> <p>Introducing mechanics and mastery goal setting</p> <p>Mechanical goal setting practice – practise goal setting applied to language coaching</p> <p>Getting the coachee to set actions</p> <p>Coaching for commitment</p> <p>Giving feedback and acknowledgement as positive reinforcement</p>
May 5	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Practise mechanical goal setting</p> <p>Introducing the Mastery goal setting process</p> <ul style="list-style-type: none"> • Practise goal setting for the mastery of the language • Stretching the coachee for actions and action setting • How to get coachee to own the goals • Commitment and time focus
May 11	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Practise mastery goal setting</p> <p>Introducing the 5 cs of Language Coaching</p> <ul style="list-style-type: none"> • Concrete requirements • Clear Targets and commitments • Coaching conversations • Connecting brain/pervasive neuroscience in coaching • Completion of process <p>Matching the 5cs to the ICF Coaching Principles</p>

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May 12	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>PROGRESS – introducing learning as a circular process</p> <p>Managing language coaching sessions with the client – accountability and commitment</p> <p>Administration and forms to use – going through mechanical and mastery goal setting forms with the coachee</p> <p>Creating action setting forms with the coachee</p> <p>Conducting goal review forms with the coachee</p> <p>Structuring language coaching sessions</p> <p>Delivering language coaching sessions – practice sessions</p> <p>Coaching Practice – the first session with a new client</p> <p>Managing the coaching engagement</p> <p>Coaching Practice – First session with client</p> <p>Consolidate the learning and laying foundations for language coaching</p> <p>Goal review sessions</p> <ul style="list-style-type: none"> Coaching around the success of goals and actions
May 18	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>Neurolanguage Blockbuilding – delivering grammar through coaching conversations</p> <ul style="list-style-type: none"> Introduction and break down of grammar areas PACT PQC coaching Grammar <p>model Placement</p> <p>Assessment Conversation</p> <p>Teach</p> <p>Powerful questions</p> <p>Clarification</p> <p>Coaching Practice – Grammar topics in coaching conversation</p> <p>Applying coaching methodology into the Language coaching process</p> <p>Practice neurolanguage blockbuilding</p> <p>Coaching Practice – Grammar topics in coaching conversation</p> <p>Applying coaching model into the Language coaching process</p>
May 19	10:00-13:00 Colombia/Peru Time (GMT-5) 10:00-13:00pm New York/Washington time (GMT-5) 16:00-19:00 Madrid time (CET)	<p>(cont.)</p> <p>Neurolanguage Blockbuilding – delivering grammar through coaching conversations</p> <ul style="list-style-type: none"> Introduction and break down of grammar areas PACT PQC coaching Grammar <p>model Placement</p> <p>Assessment Conversation</p> <p>Teach</p> <p>Powerful questions</p> <p>Clarification</p> <p>Coaching Practice – Grammar topics in coaching conversation</p> <p>Applying coaching methodology into the Language coaching process</p> <p>Practice neurolanguage blockbuilding</p> <p>Coaching Practice – Grammar topics in coaching conversation</p> <p>Applying coaching model into the Language coaching process</p>