

# Language Coaching Certification

July-August 2026

Hybrid (online & face-to-face in Sitges)

## Introduction to Coaching

Date	Time	Agenda
<p><b>20<sup>th</sup> July</b></p>	<p>19.30 – 22.30 CET/Spain time <b>ONLINE</b></p>	<p>Introduction to the Language Coaching Course Objectives and outline Orientation and think like a coach Listen and speak like a coach Introduction to coaching What is coaching? Sports coaching vs life coaching/business coaching Definitions of coaching What is your definition of coaching? Introducing the ICF</p> <ul style="list-style-type: none"> <li>• Code of ethics</li> <li>• Core competences</li> <li>• Coaching engagements</li> </ul> <p>Coaching Tools – what do we know? Coaching models Key professional skills</p> <ul style="list-style-type: none"> <li>• Empathy and trust</li> <li>• Confidentiality</li> <li>• Active Listening</li> <li>• Powerful Questions</li> <li>• Stretching the coachee</li> <li>• Tapping into motivation and getting commitment</li> </ul> <p>Neuroscience in Coaching - Impacts that we want on the brain</p> <ul style="list-style-type: none"> <li>• Provoke brain connections</li> <li>• Stimulate working memory</li> <li>• Assist hardwiring process</li> <li>• Enhance focus and attention with constant „Placement“ or „GPS conversation mapping“</li> <li>• Focus and attention on Solutions NOT DRAMA</li> <li>• Be sensitive and avoid extreme limbic reactions</li> <li>• Empathy /mirror neurons</li> </ul>
<p><b>22<sup>nd</sup> July</b></p>	<p>19.30 – 22.30 CET/Spain time <b>ONLINE</b></p>	<p>Practice essential development of active listening Practice formulation of powerful questions Introducing how to coach around dilemmas. Interactive coaching practise Introducing goal setting How to steer coaching conversations in goal setting from generic to specific goals Interactive Coaching for goals - coaching practise SMART</p>

## Neurolanguage Coaching® Skills

Date	Time	Agenda
<b>27<sup>th</sup> July</b>	19.30 – 22.30 CET/Spain time <b>ONLINE</b>	<p>What are SMART goals?</p> <p>Practising coaching the coachee around SMART goals</p> <p>Introduction to neuroscience, the brain and learning            The development of Neuroscience            Neurons and How neural networks are formed</p> <p>Formation of habits            Neuroplasticity and neurogenesis            Ageing and neuroplasticity            Scientific evidence of neuroplasticity</p>
<b>28<sup>th</sup> July</b>	19.30 – 22.30 CET/Spain time <b>ONLINE</b>	<p>The brain and learning            Brain Waves and learning</p> <p>Areas of the Brain</p> <p>Introducing the triune brain and the limbic system</p> <p>Looking deeper at the Limbic system            Fight or flight in depth – amygdala hijack situations            Reference to the emotional triggers in language learning            Analysing social pain as described by Dr Liebermann</p> <p>Practical coaching conversations with regard to emotional triggers and social pain situations connected to language learning – coaching our learners to feel more comfortable with language learning</p> <p>The IMAGES model            What is the perfect learning state?            Identifying the elements of the perfect learning state            Connecting brain waves to the learning states</p> <p>The Learning Journey and coaching conversations with our coaches about their learning journey            What is mastery – question regarding subconscious brain patterns and how to create these patterns</p> <p>The Flow State and Conscious and Subconscious</p>
<b>8<sup>th</sup> August 2026</b>	9.00 AM to 17.00 local time <b>FACE-TO-FACE            IN SITGES</b>	<p>Learning Perceptions and learning styles – Coaching conversations with our coaches regarding their learning styles</p> <p>Wrapping up the neuroscience            Brain-based Breakthroughs – how to provoke and create neural networks relating to language</p> <p>Principles from coaching integrated into the NL Coaching process            What is incorporated into the language coaching process from</p>

Date	Time	Agenda
		<p>coaching continued? The difference of language teaching and language coaching What is Language Coaching and what language coaching is not? What is incorporated into the language coaching process from coaching?</p> <p>Building up the 1<sup>st</sup> session with a client</p> <p>What do you know about Language coaching and Neurolanguage Coaching engagement</p> <ul style="list-style-type: none"> <li>• Definition neurolanguage coaching</li> <li>• Introducing language coaching to clients</li> </ul> <p>Introducing the 3 Ms of Language Coaching</p> <ul style="list-style-type: none"> <li>• Motivation</li> <li>• Mechanical</li> <li>• Mastery</li> </ul> <p>Introducing Motivation diagnostic</p> <ul style="list-style-type: none"> <li>• Finding client motivation</li> <li>• Coaching clients to find motivation</li> <li>• Coaching clients who have no motivation</li> </ul> <p>Practical Coaching conversations around motivation</p> <p>Introducing mechanics and mastery goal setting Mechanical goal setting practice – practise goal setting applied to language coaching Getting the coachee to set actions Coaching for commitment Giving feedback and acknowledgement as positive reinforcement</p>
<p><b>9<sup>th</sup> August 2026</b></p>	<p>9.00 AM to 17.00 local time <b>FACE-TO-FACE IN SITGES</b></p>	<p>Practise mechanical goal setting</p> <p>Introducing the Mastery goal setting process</p> <ul style="list-style-type: none"> <li>• Practise goal setting for the mastery of the language</li> <li>• Stretching the coachee for actions and action setting</li> <li>• How to get coachee to own the goals</li> <li>• Commitment and time focus</li> </ul> <p>Practise mastery goal setting</p> <p>Introducing the 5 cs of Language Coaching</p> <ul style="list-style-type: none"> <li>• Concrete requirements</li> </ul> <p>PROGRESS – introducing learning as a circular process Managing language coaching sessions with the client – accountability and commitment Administration and forms to use – going through mechanical and mastery goal setting forms with the coachee</p>

Date	Time	Agenda
		<p>Creating action setting forms with the coachee            Conducting goal review forms with the coachee            Structuring language coaching sessions            Delivering language coaching sessions – practice sessions</p> <p>Coaching Practice – the first session with a new client            Managing the coaching engagement            Coaching Practice – First session with client            Consolidate the learning and laying foundations for language coaching            Goal review sessions</p> <ul style="list-style-type: none"> <li>Coaching around the success of goals and actions</li> </ul>
<b>13<sup>th</sup> August</b>	19.30 – 22.30 CET/Spain time <b>ONLINE</b>	<p>Coaching Practice – the first session with a new client            Managing the coaching engagement            Coaching Practice – First session with client            Consolidate the learning and laying foundations for language coaching            Goal review sessions</p> <ul style="list-style-type: none"> <li>Coaching around the success of goals and actions</li> </ul>
<b>17<sup>th</sup> August</b>	19.30 – 22.30 CET/Spain time <b>ONLINE</b>	<p>Neurolanguage Blockbuilding – delivering grammar through coaching conversations</p> <ul style="list-style-type: none"> <li>Introduction and break down of grammar areas</li> <li>PACT PQC coaching grammar model</li> </ul> <p>Placement            Assessment            Conversation            Teach            Powerful questions            Clarification</p>
<b>19<sup>th</sup> August</b>	19.30 – 22.30 CET/Spain time <b>ONLINE</b>	<p>(cont.)            Neurolanguage Blockbuilding – delivering grammar through coaching conversations</p> <ul style="list-style-type: none"> <li>Introduction and break down of grammar areas</li> <li>PACT PQC coaching grammar model</li> </ul> <p>Placement            Assessment            Conversation            Teach            Powerful questions            Clarification</p> <p>Coaching Practice – Grammar topics in coaching conversation            Applying coaching methodology into the Language coaching process            Practice neurolanguage blockbuilding            Coaching Practice – Grammar topics in coaching conversation            Applying coaching model into the Language coaching process</p>