

A transition to Language Coach

Interview with Tara Gooding, Business English Trainer, Netherlands

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Can you describe your professional career before taking the language coaching certification (LCC)?

Before doing this course, I was simply a language trainer who specialised in business English and giving tailored course. In addition, I have been teaching Business Communication at a university.

How did you find the course?

Taking the LCC course was amazing. It was absolutely a case of learning by doing. Throughout the course, Rachel let us feel how it is to be coached and how it is to coach. It was very practical and systematic, so that by attending each session, our skills began to develop. We were all encouraged to explore NLC, both in and out of the sessions.

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Which highlights or insights did you gain from the LCC?

I was fascinated by the neuroscience which provides clear insights into what happens to our learners during the learning process. This also gave greater understanding and underlined why certain practices that I have developed over the years work (and others don't!). I am also enthusiastic about the coaching aspect rather than teaching. I believe that people do learn better if they have autonomy.

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What was the immediate impact on your way of teaching after taking the course?

I have already begun to use my newly-gained knowledge in my session to assist students in their learning.

How has the course changed the way you deliver a language course?

I give even more tailored and now brain friendly lessons.

“I am passing them a better understanding of how they can learn more effectively and efficiently”

Were there any impacts on your learners?

I am passing them a better understanding of how they can learn more effectively and efficiently.

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